Stamford

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We Want to Hear From You!

Fog Horn is an initiative to bring together all members of the Synergy Family – our seafarers, shore staff, family members as well as the stakeholders. We would love to hear from you and have your contributions in forthcoming issues as well as for the website. You may share a write up on an inspiring event or your own experience onboard or ashore, a joyous occasion in your family, stories about life, health, fitness, photographs, sketches, drawings by children, poems, get together's or just jokes! Write to us at editorialteam@synergymarine.sg



Issue 13 May 2017

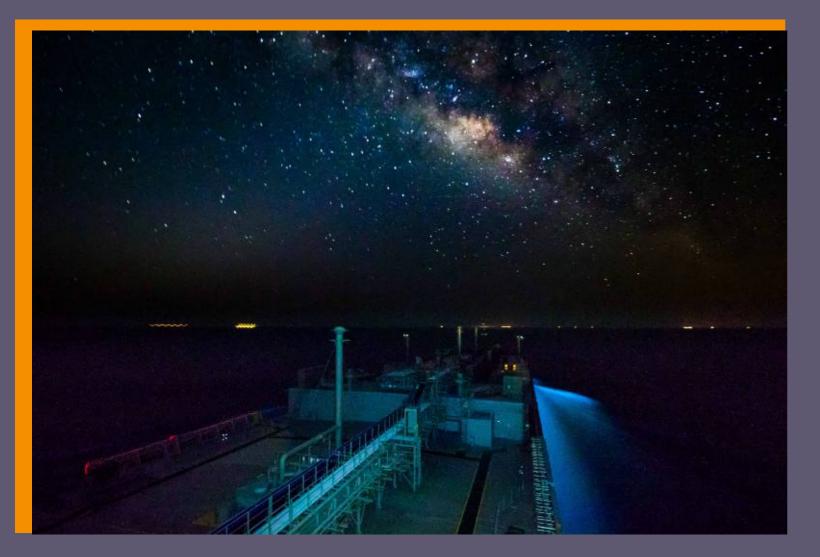


Chasing the Galaxy

If you are a sailor and a photographer, and if you do have a bucket list, photographing the milky way should be on it. As a marine officer one must be vigilant, observant and patient; the three major attributes for any photographer. Merchant navy gives you the perspective of what it is like to witness the spectacular horizon of 3/4th of our planet in a ship's setting and the experience is very humbling. And the sight reaches its heights, if the Milky way is a part of it!

It has taken me years of practice, travelling and learning from errors to be able to capture the milky way; and am still far from perfecting it. Being able to photograph the wonders of our galaxy on a long exposure voyage feels like the ultimate achievement. Photographing the milky way is largely dependent on getting your stars right! – right alignment of stars, calm seas, clear sky and, very importantly, a very sturdy ship! This unpredictability of nature is its challenge. Many travel miles and miles to get a better view of this sight and I am lucky as my job takes me places wherein I get to capture it.

Cover image contributed by: Mr. Rajkumar Madhavan Ex C/O LPG Globe Atlas



MD's Note



Dear team,

As a kid, growing up in a school environment packed with athletics and sports, I spent a lot of time on the field. One of the oft-repeated stories by our coaches was about the four-minute mile. The 4min mile is a simple concept. For a long time, people believed it was impossible for humans to run a mile under four minutes. Until the 1940s, the best a person could run a mile was clocked at 4:01. People then held that there were limits to human body endurance.

This view changed entirely when a British athlete Roger Bannister broke the barrier after the Second World War. Within a year, after Roger broke the record, it was bested twice and with much more frequency in the successive years. And in my school days, many high schoolers consistently broke this record of running a mile under four!

Personally, this story is a big inspiration. Bannister had great belief in his goal, to do what was considered undoable till then. Although there was no earlier proof of success, he had faith and persevered to do the impossible. Call it any name; Dream, Passion, Faith, Confidence, etc., what it requires is a complete focus on the goals we set, continuous efforts to achieve it, making incremental improvements constantly and above all enjoying the journey.

At Synergy, we have also set one such goal, i.e. to operate our ships with a 'zero-injury' record. We have come close to achieving it on many occasions, but we are not there yet. We still have injured teammates in our jobs. But, I believe with a little more faith in our abilities; we will meet with success.

For a start, let's do a simple checklist;

Do we have the process to achieve this? Yes, Check. Do we have the people to achieve this? Yes, Check. Do we provide a safe working environment to achieve this? Yes, Check.

So, all we need is a belief that we can do our jobs safely and without injury. I believe, and want every one of us to believe in this wholeheartedly. And just like the 4min mile, we must endeavour to do it once. Then, we will have more believers.

Gandhiji once said, "Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I shall have the belief that I can do it, I shall surely acquire the capacity to do it, even if I may not have it at the beginning". Let us always affirm in our faith and not in our doubts.

As a community, we may look ordinary. But, I trust each one of us can do extraordinary things. This goal of 'zero-injury' is very much achievable. We have our days of work with no injuries. We have ships that run without any injuries. Then, invariably we can make it happen each day across every ship of ours!

We can and we will. Until then, Stay safe Stay blessed

Capt.Unni

Synergy Marine Group takes delivery and management of the first ever LR Certified ship assigned with class notation 'ShipRight (AL-SAFE)'

May 22. Chennai, India: Pioneers in Ship Management, Synergy is proud to announce taking over management of newly delivered vessel Trammo Dietlin, the first vessel in the world to be certified to AL-SAFE class notation from Llyod's Register (LR). Capt. Rajesh Unni, CEO of Synergy Group, said: "This is another significant milestone in Synergy's continuing expansion into more specialist market segments."

The ship, Singapore-flagged LPG carrier 'Trammo Dietlin' owned by Global United Gas Carriers, is certified to AL-2 to its Navigational systems, Cargo System & Machinery systems, which means the system provides on & off Ship decision support. It is also certified to AL-3 for certain point specific application, which denotes that remote control capability with an active human in the loop. The systems are installed by Alpha Ori Technology Holdings Pte. Ltd; Singapore – a technology company involved in developing SMARTShip solutions using cutting edge IoT solutions together with the powerful insights of data analytics.

About Global United Shipping - Global United is a young, dynamic & growing shipping company involved in the transportation of gas, crude oil, petroleum products and dry bulk commodities.

About Lloyd's Register - LR is a leading international provider of classification, compliance and consultancy services to the marine industry, helping clients design, construct and operate their assets to the highest levels of safety and performance.



Making a survivor

We undergo a lot of safety training prior to joining the sea life, starting from Personnel Survival techniques to a safety officer course, and various safety related value added courses. Implementation of ISM, Risk assessment and other safety related activities onboard along with crew training help in bringing the casualty numbers out at sea to minimum.

So why do we still have causalities? There are still some hidden factors present, even though we have zero accident policies by managers and owners. A step by step analysis here may be beneficial:



1. Seafarers, mostly form third world countries, do not have a basic understanding of safety. It is unfortunately not taught mandatory as part of the school curriculum. The first time a person comes across safety awareness is when a student passes out his/her 12th standard exams, and joins a maritime institute.

2. We have come to accept accidents as part of our daily life. We see numerous unsafe activities around when we are at home. Workers climbing heights without a harness, laborers working without any safety gear, unsafe activities in our households etc.

3. Lower number of casualties has become norm for long term results. When Salt Lake stadium in Kokatta, was constructed, more than 100 laborers died. When the stadium at Kochi was made the number of deaths were nearly 30, and the newspaper reported the same as credit. This is a clear indication about how the society looks at safety related issues.

4. Superstitions and supernatural beliefs led us to believe we will be ultimately saved anyhow. This feeling leads us into a state where we tend to take things casually. Road accidents in India is a golden example, where causalities include pilgrimage returnees. These beliefs hinders awareness.

5. Lack of Awareness; This is related directly to knowledge. It is important to learn from mistakes and increase knowledge. In-depth understanding of mechanics and systematics help increase knowledge. The maritime education system and value added trainings plays a major part in it.

6. Lack of Supervision. Knowledge and expertise are directly proportional to the rank one is serving onboard. Good supervision is very essential in curbing accidents and casualties. Negligence becomes norm, wherein seniors onboard assume the juniors performing the job are well trained.

7. Attitude. In a nutshell, we can term it as the mental status, which is actually a blockage standing between safety awareness and incidents.

In India, one person dies every 4 minutes due to road accidents amounting to 1.5 lakh deaths a year and another 4-5 lakh people getting injured. Staying safe is an art at sea, as well as at home. As a member of Road Safety Club, in Kerala, and a person who is duly disturbed by hearing the recent accident and casualties incurred by known office staffs in Chennai due to a road accident, I believe it is high time we start thinking straight. I understand a person who is aware at home and living a safe life will be safe onboard too. It is known as Safety Culture. Practice safety and preach the same!

Capt. Ram Mahesh Fairchem Triumph

Team introduction

- 1 Full Name : Maria Margaret. F Designation: Flag Documentation Designation: Documentation executive Executive Hobbies: Art/Craft & Listening to Music
- 2 Full Name- Valliammai .C Designation - Documentation Executive Hobbies – Listening to Music & Reading
- Books 3 Full Name – Priyanka Lourdes B Executive Hobbies – Reading Novels / Art & Craft
- 4 Full Name: Asha K Designation: Documentation Executive Hobbies: Listening Music, Reading Books
- 5 Full Name : Roja. S Designation : Documentation Executive Hobbies : Playing Shuttle & Hearing Music
- 6 Full Name: Sivaranjani. M Designation: Documentation executive Hobies: Drawing, Listening Music
- **7** Full Name : Viyagulamary. D Designation : Documentation executive Hobbies: Listening music & reading book
- 8 Full Name: Vivek K Designation: Documentation executive Hobbies: Playing Cricket & Volley Ball

- 9 Full Name: Kesavanandan K. Hobbies: Playing Cricket
- 10 Full Name: M Saran Raj Designation: Documentation executive Hobbies: Traveling and Photography
- 1 Full Name: Maria Jeevan S Designation – Flag Documentation Designation: Documentation Executive Hobbies: Listening Music & Singing
 - 12 Full Name: Sujith Illinda Designation: Documentation Executive. Hobbies: Playing Cricket and Listening Music
 - 13 Full Name: Olimuthu R Designation: Flag Documentation Executive Hobbies: Listening to Music & Travelling
 - 14 Full Name ; Prabhu S Designation : Documentation Executive Hobbies: playing cricket and carom
 - 15 Full Name-R. Lokesh Pandian **Designation-Documentation Executive** Hobbies – Listening to Songs & Travelling
 - 16 Full Name: Ganapathi. G Designation: Documentation executive Hobbies: Playing Cricket & Listening Music

- 17 Full Name : Sujith Giridharan Designation : Documentation Executive Hobbies: Listening music & Computer games
- 18 Full Name: Guru Muthu Manickam.P Designation: Documentation executive Hobbies: Playing Cricket & Watching Movies
- 19 Full Name: S. Thiruvasagam Designation: Documentation executive Hobbies: Reading Paper & Singing Song
- 20 Full Name: Singaraja Sannasi Designation: Flag Documentation Executive Hobbies: Playing basketball & listening music

- 21 Full Name: Anbu K Designation: Crew Coordinator Hobbies: Watching Movies & Travel
- 22 Name: Balaji Rammohan Designation: Crew Coordinate Hobbies: Music & Surging net
- 23 Full Name : Rajkumar A Designation : Crew Coordinator Hobbies: Drone Playing / Books reading
- 24 Full Name: Jeevitha Designation: Crew Coordinators Hobbies: Reading Poetry & Playing Badminton
- 25 Full Name: Sridevi K.K Designation: Crew Coordinator Hobbies: Music & Dance





26 Full Name : Venkatesh V.S. Designation : Crew Coordinator. Hobbies: Watching Movies, Playing Chess

27 Full Name: Balaji Rao L Designation: Crew Coordinator Hobbies: Dancing, Acting.

Cricket

28 Full Name-Raja Thangamani Designation- Crew Coordinator Hobbies: Watching Movies, Playing

Stop, drop, roll and listen

A mock drill on Safety during fire and Emergency control was conducted on the premises of AKDR. The mock drill was conducted by administration and security chiefs of the AKDR campus.

Fire Emergency response measures were performed as a part of the drill. Emergency Response Team volunteers were identified prior to the drill and those volunteers were assembled together initially to learn the actions to forego during fire emergencies.

A fire siren was scheduled at 3.45p.m. At the siren, the volunteers guided the employees safely to ground floor through emergency exits. The volunteers were asked to remain upstairs until all the employees have been evacuated and only then were they to come down.

Further to this, all the employees and ERT members were briefed about the various responsive techniques regarding fire alarms such as switching off the air conditioner supply to prevent supplying oxygen which would inflate the fire. All methods of handling the fire and evacuation techniques were explained in detail which was very informative to all the employees.

Employees of all companies located at the campus that included Synergy were made to participate in the drill. The drill successfully instilled the rules to undertake during disaster management.



'A maiden transit!'

Contributed by Captain Sameer Saigal, picture shows the BW Messina vessel receiving a momento for 'Maiden Transit' through the New Panama Canal, given away by the Panama Canal Authority.



Women's day celebration





Reaching new heights

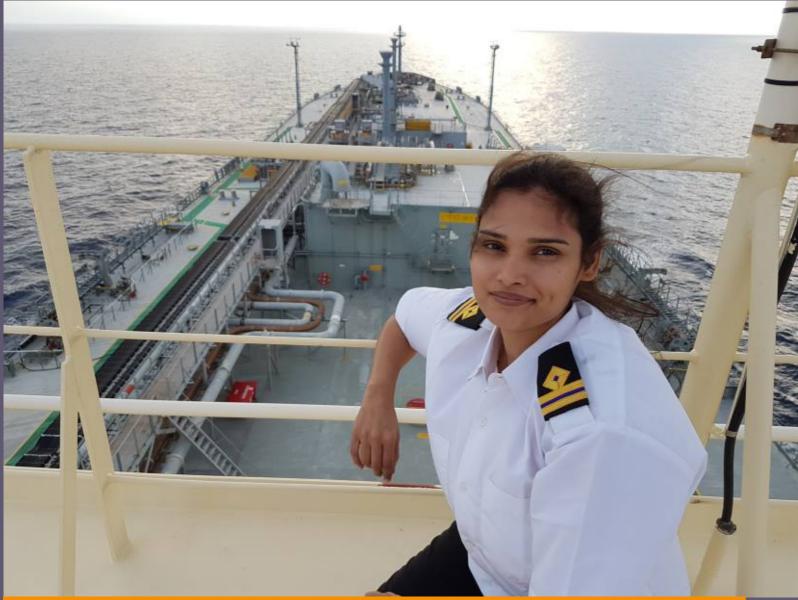
It was during my last vacation with my school mate(Anup Krishnan Ajith, CE, MOL), that we decided to climb Mt.Kilimanjaro in Tanzania. Being a seafarer, I have been fortunate to see the most exotic places in the world, I've scuba-dived, sky -dived, but the prospect of summitting the Mt. Kili was too enchanting to ignore!

We chose the six-day Machame route, which started in the forest, took us through the moorlands and alpine desert up to the summit on the 5th day, then back down the Mweka trail into the rain forest. The summit on Mount Kilimanjaro is called Uhuru Peak and stands at 5,895m or 19,341 feet. In those six days, we went through varied emotions, from being awe inspired by the unimaginably stunning landscapes to the utter exhaustion of the trek. Overall it turned out to be an unbelievably humbling and gratifying experience.

Contributed by-Capt. Kishore Kumar R. S.



Adding 'Wo' amidst 'Sea-Men'...



I waged wars against the weaker thoughts that crept into my mind, strengthened myself ceaselessly and worked meticulously to prove myself and win their trust. It did not take too long till my seniors started to rely upon me and gave me equal importance and respect.

Today women have shown their worth in all walks of life. The entry of women into the maritime industry is a small number but a steadily growing one. Some people also have an opinion that women cannot do jobs involving strength and heavy mechanical work. Thanks to the advancement of technology the demand for physical power has been turned into a growing demand for brainpower.

The only setback a woman faces in the maritime industry is the strenuous days spent away from family. At home I play the role of a mother to a beautiful 2-year-old son, a wife, an only daughter to my parents and a good daughter in law. I balance my professional and personal life extremely well with the extended support from my family of course.

One must admit that the life of a seafarer is not bed of roses. Women seafarers face many difficulties and hardships. But, trust yourself and have the courage to face your fears. I wish every woman seafarer would excel and integrate themselves into the workforce and bring wellness and success to the shipping industry.

I, Pooja Gosavi, am proud to call myself a seafarer today. Working as Third engineer with Synergy's gas tanker fleet, I am using this article to motivate all women and let them know they have immense potential to capture a respectable position in the maritime field.

I belong to a middle-class family from Nashik. Right from childhood I have been one to take challenges head on. Described as adventurous with an innate passion towards sea & sailing I was immediately drawn to the maritime industry. I graduated in Marine engineering from P.V.P.P.C.O.E, Mumbai, part of the 2009 batch. The first time I stepped on-board ship almost every officer and crew member asked me the same question- What am I doing here and why did I choose Merchant Navy as my career. It was very discouraging and disconcerting.

Some of my peers even advised me to quit my career and look for jobs ashore. They would often highlight the negative aspects of shipping as a career and tried to make me feel like I am too weak and incompetent to do a 'man's job'. But I strongly believe that the universe favours the brave. Willpower is the essential virtue of a fully actualised life.



I want to thank all my senior officers and the management team at Synergy for their guidance and extended support. I also thank my critics who have motivated me to perform harder just to prove the them wrong.

Lastly, I thank Synergy Editorial for giving me an opportunity to share my experience.

Jai Hind

Contributed by-Ms. Pooja Gosavi 3/E last on-board LPG Hisui

List of Promotions

Congratulations and best wishes to the following sailing staff who have recently achieved their promotions.

Master Capt. Amit Aswal Master Capt. Cruz Fernandes Master Capt. Cis Joseph Master Capt. Deny Kattady Master Capt. Manu Tripati Master Capt. Mohammad Adil Hashmi Master Capt. Moinuddin Abdul Gani Dhopawkar Chief Engineer Mr. Jaydeep Ramesh Patil Chief Engineer Mr. Joe Roshan Fernando Chief Engineer Mr. Prabhash Kumar Chief Engineer Mr. Prashant Paluru Chief Engineer Mr. Saikishore Vishwanadham Chief Officer Mr. Achutham Babu Chief Officer Mr. Arun Balakrishnan Nair Chief Officer Mr. Avadesh Singh Chief Officer Mr. Jeevan Jose Chief Officer Mr. Rakesh Karun Pariyaran Thayaleveettil Chief Officer Mr. Salinlal Chief Officer Mr. Shanmugasundaram Maran Second Engineer Mr. Chandrasekaran Nithiyanandham Second Engineer Mr. Jestin Gobinath Dharmaraj Second Engineer Mr. Muruganandam Second Engineer Mr. Sumesh Ponnuamy Second Engineer Mr. Torick Antony Lopez

Proud to be Synergian



Name: Manu Radhakrishnan **Designation: Technical Superintendent - ECO** No of Years with Synergy: 9.75 Location: Cochin

"Synergy" as the word depicts the increased effectiveness that results when two or more people or business work together. I am seeing and feeling that effectiveness in myself and in our Synergy when we all merge. Synergy paved the way to a good career with step-by-step growth i.e. good to great! While Synergy is into its 11th year, I have a lot to cherish as I am completing 9.5 years with this family. I started my career with Synergy Group and am now Technical Superintendent. A steady growth on the professional ladder! I am proud to be a Synergian and happy to be with Synergy for years to come.

Name: Ms. Joannne P. Cruz **Designation: Documentation Officer** No. of Years in Synergy: 05 Location: Manila

When I started working at Synergy as a liaison/Crewing officer, our company was pioneered by just five employees in a cozy well-lit office space at Ortigas. Through the four years of my stay in Synergy and a promotion to documentation officer, I have had a lot of experiences that motivate me to put 100% guality towards work, a positive attitude without short-changing myself , and the importance of team work. This is my secret to living life to the fullest even at the most challenging times at the office. I am very honoured and grateful to have the Synergy group in my life. This makes me a proud SYNERGIAN.



Name: Rahul **Designation: Junior Manning Executive** No. of Years in Synergy: 04 Location: Delhi

I am very thankful to Synergy for trusting me and giving me an opportunity of a first job. Synergy has been an institution for me to learn and understand new things. Each day has been a new lesson, a new beginning and it has given new direction to my life. Perks of being in synergy is that each person works with a smile and there is no blame culture. I feel I have grown as an individual and have become more focused towards my goals. I wish to follow the footsteps of my seniors, improve, and work harder in the coming years.

Name: Arun Kumar V **Designation: Marine Executive** No. of Years in Synergy: 04 **Location: Chennai**

My career at Synergy has brought back my college memories into life once again. The organization and my managers do not just encourage me to growinto a professional employee but also motivate me aplenty to participate in fun activities that highlight other skills and hobbies. I would call Synery a piece of heaven. Also, I have come to believe 'Hard Work Never fails'; thanks to all at Synergy and a special thanks to Capt. Ajith san for all the support and guidance.

Synergy in Pictures



Regain the lost Green

Life on earth had taken a new direction since the beginning of industrial revolution in the western world during the dawn of 18th century. Majority of the population, were then comfortable with fulfilment of basic needs in life have new requirements. With the overwhelming population looking for better life, comfort, and luxuries the deforestation and depletion of natural resources had reached to a catastrophic level. The green cover of the earth is fast being lost. If this continues in the same pace we will reach a point of no return.

We the team of Synergy Oceanic are proud to be a part of mission Haritha Keralam – an initiative by Govt of Kerala to regain the lost green. A team under the leader ship of Mr. Suresh Kurup visited Cheranellore LP school on 26th January 2017 when the nation celebrated its 69th republic day.

We rewarded each student with a tree sapling. Our aim was not only to motivate each child to plant a tree but also to plant the thought that each child must 'regain the lost green'. Let the responsibility of a green Earth grow and nourish with each child for a bright, and green future.

> Contributed by: Mr. Jayesh P.T. Technical Superintendent







Willing Hearts Soup Kitchen

Our team from Singapore office along with Singapore Shipping Association – Young Executives Group members gathered at the Willing Hearts Soup Kitchen on a Saturday morning as early as 5.30am, to lend a hand in the preparing, packing and delivery of packets of food to the needy all over Singapore. Thank you to all volunteers for your compassion, enthusiasm and commitment! You guys were amazing!









ASIA PACIFIC BREWERIES FOUNDATION



Proud to be Synergian



Name: Capt. Vijay Kumar Singh Rank: Master Vessel Lilac Victoria No. of year in Synergy: 1.5 years

After having spent 10 years in one organization, one dreads the thought of changing company fearing the unknown. I clearly remember my apprehensions on the very first day in the huge Chennai office, seeing all unknown faces around. However, transparency of the open office culture, camaraderie shared in the common canteen, and simply the compassion of all office staff removed all fears and showed me how Synergy embraces everyone with open arms. Over the past year, my admiration has only increased as I observe everyday how Synergy takes care of all its staff whether onboard or ashore. Today as I reminisce, joining Synergy was perhaps the best decision of my career.

Name : Amit Ranjan **Rank : Chief Officer** Vessel : RUBY EXPRESS Years with Synergy: 2 Years

I have sailed in various management companies but the way Synergy treats its sea-staff is really praiseworthy. The company has grown in last few years and the professionalism and ardour shown by office staff is commendable. The management team are really a step ahead when it comes to helping a seafarer blend with his/her team and work in unison. I felt this was amiss in other management companies. The Synergy team provide a safe working atmosphere onboard and show utmost care for its crew. The tile of this section is apt! We are proud to be a part of this company and will always be associated with the Synergy family.



Name: Chandrasekaran Rank: Second Engineer No. of Years in Synergy: 9 Vessel: M.T. Orient Star

I started my career with Synergy, onboard M.V.Desert Hawk; I never thought synergy would become a major part of my life and career then. The trust they placed in me, made me even more dedicated and responsible. During the last nine years with Synergy I was able to work with many experienced seafarers and the knowledge I gained from them, helped me in climbing the ladder of success. I would like to thank all for making me a part SYNERGIAN.....

Name: Yull Don A. Ramos **Designation: 2ND ENGINEER** Vessel: MV NAVIOS OBELIKS No. of months with Synergy: 6 months

Firstly, I'm extending my utmost greetings to all the readers of Foghorn. I've only been hired recently, yet I was given the opportunity to be a part of your feature; for that, I am truly humbled. As a second engineer, part of my tasks is to ensure that my subordinates achieve their goals and aspirations of becoming Chief Engineers someday, through hard work and perseverance; I instill into each one of them motivation. Synergy has equipped me with a lot of opportunities to grow and to learn more things about myseif. Truly I belong to a good company which supports and helps me achieve all my goals throughout my career.

15 years at Sea....

Did you know that roughly, 10 lakh seafarers work worldwide at high seas, day and night, 24x7x365, at varying temperatures starting at -20C to 60C, going through dangerous waterways like Gulf of Aden (Somalia), Nigeria, and various war zones, contributing to 90% of world's international goods transportation?

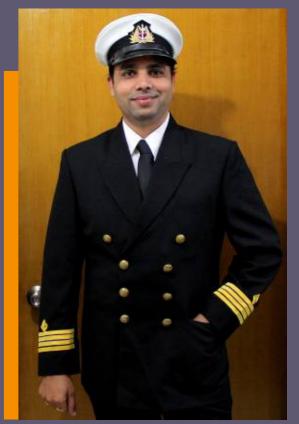
I still remember the day, I joined my first ship, a Bulk Carrier named MV Saga Andorinha on 14th March 2002, a day full of joy and with mixed feeling of nervousness. In the last 15 years, I have travelled an approximate ocean distance of about 16 lakh Kilometers. At first due to recession in the maritime industry I had to struggle a lot to get my first opening. Soon enough I reached the top rank of my profession, i.e. Chief Engineer in 2011. It may be a demanding job but it is now my identity!

As it is with other professions, sailing has its cons too. Toughest is to stay away 3-4 months from home but the long string of holidays makes up for lost time. I would not be able to endure without the blessings of my father, mother, brother & sisters! I also owe it all to my better half -Sujata, who took care of everything behind me, the home, the son, despite her demanding job as an IT professional.

The ship is a small world of 22-25 people filled with cargo for company, free of politics and plenty of growth for those with potential. Nobody realizes the importance of 'people' and 'relationships' like we do. We are the seafarers! And we are proud to be so!

Contributed by: Deepak Shinde (C/E)

> OOCL Dubai: AMSA visited the vessel Melbourne and issued certificate of Appreciation for Rescue.





Certificate of Appreciation

Presented to The Master and crew of the **OOCL Dubai**

for their invaluable assistance which led to the successful rescue of a solo yachtsman during severe weather conditions in Bass Strait on 20 January 2017

Synergy's Lil Champs



D/o- Mr. Damodar - Chief Cook

Got All india 103 group 1st prize

Name- Deekshita. D

Orient Star

National Award.

Name- Eric Joel .C

Class : PRE KG

competition.

S/o- Mr. Charles Joseph

DID YOU KNOW

Tamil New Year begins on the 1st of every Chittirai month. Let's take a good look at how the Tamil calendar works.

The Earth's equator is denoted in Tamil as Visuvathanam, wherein 'visu' means oscillation - the beam of sunlight that oscillates between two hemispheres. On Chithirai 1, the beam of light is perched between two hemispheres indicating the beginning of a New Year.

Tamil year is planned on the following basis of Anuvattom (Moon's circumambulation of Earth), Idavattom (Earth's rotation around its own axis) & Parivattom (Earth's circumambulation of Sun).

The time that passes through three vattoms is incorporated and calculated as Samva charam. The Earth's inclination is also referred to as "Thithi" that is 'one fourth of a straight angle', which is 22.5 degree.

As Earth slowly drifts away from Sun, the days of a year increases, about 1 second for every 20 years. At present, it takes around 365 days, 6 hours, 23 minutes and 41 seconds as per



Since the maiden Day of the Seafarer campaign in 2011, Synergy group has embarked on various stellar initiatives to educate people from all walks of life about the contribution seafarers have made in making the world a better place for each one of us, these initiatives have helped reach millions and have been appreciated by the International Maritime Organization as well!

Day of the seafarer 2017 is fast approaching. This year the International Maritime Organization is shifting its focus to "Seafarers Matter"



Name- Pavan. U

S/o- Umashankar. S - Chief Engineer Won the First Prize in 10th State Level Karate Tournament -2017 (both KUMITE and KATA) organized by New Young Shotokan Karate Do-Foundation, Avadi.



Name- V. Anushkaa D/o- Mr. C. Vijay Chandran C/E MT Sri Vishnu Got First prize in Fancy dress competition.



Name- Keerthana K.L. D/o- Capt. Kishore Kumar R.S. Secured "A" grade in Bharthanatyam for CBSE Southzone Sahodaya Competition.



Name- Rose Maria Dominic D/o- Capt. Dominic Jerry Secured Grade A with Scholarship in the National Level Examination conducted by Progressive Curriculum Management Council.



Name- Anshul Kumar Sarma S/o- Capt. Anoj Kumar Sarma Won Gold Medal in Junior Boys Heavy Weight Category in Annual Bishops School Boxing tournament.



Name- Sarvesh Solapurkar. D S/o- Devdatta Solapurkar - 2/E -Espranza N Achieved gold medal in all india 13th international taekwondo federation national level competition.







Name- K. Kavitha D/o- Mr. Karthikeyan K.V Completed her MBBS degree with Distinction.

Got First Prize in Story Telling

Name- V. Akash D/o- Mr. C. Vijay Chandran C/E -MT Sri Vishnu second prize in NATIONAL CYBER OLYMPIAD examination conducted in Jan 2017.



Name- Jeshvitha Harrin D/o – Capt. Harris Surendar First Prize in Handwriting

Name- Aanya Aggarwal D/o- Rishi Aggarwal - C/E -TH Symphony Awarded Gold medal in 19th SOF National Science Olympiad.



conventional timings, but only 365 days and 6 hours are commonly accounted. Remaining 23 minutes and 41 seconds makes one Naazhikai. Every New Year lags by one Naazhikai and therefore it takes 60 years to create one extra day. As the parivattom is stretched out (major axis of ellipse) on the katakam trajectory, earth takes more number of days for every month from Chittirai to Purattasi. When it gets shorter (minor axis of ellipse), earth takes lesser number of days from Aippasi to Panguni.

The aforesaid calendar is not based on mythology.

Synergy has a lot in store for this year's June 25th campaign focusing on the lives and times of seafarers. Here's to looking forward for the next issue with a celebration in line!

